

The *Asian Nursing Research* (ANR) is the official journal of the Korean Society of Nursing Science. ANR is an international, peer reviewed, open access, scientific journal that seeks to promote the development and dissemination of knowledge that is directly relevant to all spheres of nursing practice, policy and professional issues. Asian Nursing aims to support evidence, informed policy and practice by publishing research, systematic and other scholarly reviews, critical discussion, and commentary of the highest standard. Invited papers that contribute to nursing knowledge and debate are published at the discretion of the Editor. The ISO abbreviated title of the journal is *Asian Nurs Res*. It is published quarterly by Elsevier beginning in June 2007, and indexed/abstracted in CINAHL, Embase, Science Direct, SCOPUS, Science Citation Index Expanded (SCIE), Current Contents/Social and Behavioral Sciences (SBS), Social Sciences Citation Index (SSCI) and Journal Citation Reports/Science Edition and Social Sciences Edition. It has been indexed in Medline since 2014.

## MANUSCRIPT SUBMISSION

Manuscripts should be submitted electronically via <http://ees.elsevier.com/asiannursingresearch>.

All correspondence, including notification of the Editor's decision and requests for revisions, will be processed via the system or e-mail. The Elsevier Editorial System (EES) provides a fully online workflow for getting your manuscript published. It is understood that submitted manuscripts are prepared specifically and solely for ANR. Accepted manuscripts become the property of the Korean Society of Nursing Science and may be reproduced in other publications in whole or in part only with the permission of the Korean Society of Nursing Science. The Korean Society of Nursing Science has exclusive rights to the article and to its reproduction and sale in all countries.

The Korean Society of Nursing Science reserves the right to edit all manuscripts to its style and space requirements and to clarify the presentation. Declined manuscripts will not be returned.

### Types of Papers

ANR publishes high quality papers to report research findings, research-based reviews and commentaries which are of interest to an international readership of practitioners, educators, administrators and researchers in all areas of nursing. In addition ANR publishes editorials and letters.

**Editorials:** These include comments by organizations or individuals on topics of current interest by invitation only.

**Research Articles:** These include full papers reporting original research. Research papers should adhere to recognized standards for reporting (manuscript checklist).

**Review Articles:** These include critical presentations of topics of interest to those relevant to nursing theory, practice, and education. The unsolicited reviews will be considered for publication if topical, of high quality and subject to peer review. The body of a review article should be a comprehensive, scholarly evidence-based review of the literature, accompanied by critical analysis and leading to reasonable conclusions. Wherever appropriate, details of the literature search methodology should be provided, i.e. the databases searched, the search terms and inclusive dates, and any selectivity criteria imposed. Wherever possible, use primary resources, avoiding "Data on File", "Poster" or other unpublished references.

**Letters to the Editor:** These include responses to previous articles and editorials.

**Commentaries:** All commentary topics must be checked with the editor prior to submission. These include knowledge-based or consensus-type articles (e.g. working group statement) expressing objective opinions, experiences or perspectives on an important area related to nursing.

**Announcements:** These include announcements to pertinent forthcoming meetings or events.

## BEFORE YOU BEGIN

### MANUSCRIPT PREPARATION AND ELECTRONIC SUBMISSION

Files uploaded to the online submission system are ultimately used in final production through a completely paperless system.

Authors should submit to the journal online via <http://ees.elsevier.com/asiannursingresearch>. You will be guided through the creation and uploading of the various files, including the Manuscript Checklist. Once the uploading is completed, the system automatically builds an electronic proof in the PDF format, which is then reviewed after your submission. All correspondence, including notification of the Editor's decision and requests for revisions, will be made by e-mail. Submitted papers should be relevant to international audience and Articles should be written in English (using American English spelling) and meet the following basic criteria: the material is original, the information is important, the writing is clear and concise, the study methods are appropriate, the data are valid, and the conclusions are reasonable and supported by the data.

Manuscripts must be prepared according to the NLM Style Guide for Authors, Editors, and Publishers (<http://www.nlm.nih.gov/citingmedicine>). If there are any discrepancies between these author instructions and the NLM Manual, the ANR guidelines shall prevail. All authors will be required to complete the Manuscript Checklist during the submission process to assist them in ensuring that the basic requirements of manuscript submission are

met, including details of the roles of funding sources and any conflicts of interest. The Manuscript Checklist is designed to be a self-assessment checklist to assist authors in preparing their manuscript. A completed form must be submitted to show that you have included all the necessary parts in your submission.

### **Manuscript Preparation**

Manuscripts should be typewritten, double-spaced, using a standard sized typeface and margins of at least 1 inch. Place three returns after every element, such as title, headings, paragraphs, and figure and table callouts. Manuscripts are accepted for publication with the understanding that their contents, or their essential substance, have not been published elsewhere, except in abstract form or by the express consent of the Editors. Materials taken from other sources must be accompanied by written permissions for reproduction, obtained from the original copyright holder. Statistical methods should be identified. Priority claims are discouraged. The length of manuscript is limited to 6,000 words for text only.

### **Ethics in Publishing**

For information on Ethics in publishing and Ethical guidelines for journal publication see <https://www.elsevier.com/publishingethics> and <https://www.elsevier.com/journal-authors/ethics>.

### **Ethical Considerations**

All studies must be conducted to a high ethical standard and must adhere to local regulations and standards for gaining scrutiny and approval.

The work on human beings that is submitted to the journal must have been carried out in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki). Manuscripts will only be considered if they comply with internationally recognized standards of ethical research. The authors must be able to state that:

1. Research involving humans or animals has been approved by an Institutional Review Board (IRB) and has been conducted in accordance with accepted national and international standards: informed consent should be obtained from human subjects or their guardians prior to their participations in a study if applicable; privacy of study subjects is maintained or informed consent has been obtained if they are in any way identifiable; and any potential conflicts of interest are disclosed.
2. All individuals named as author qualify for authorship. All people listed as is restricted only to direct participants who have contributed significantly to the work.

### **Submission Declaration**

Submission of an article implies that the work described has not been published previously (except in the form of

an abstract or as part of a published lecture or academic thesis or as an electronic preprint, see <https://www.elsevier.com/sharingpolicy>), that it is not under consideration for publication elsewhere, that its publication is approved by all authors and tacitly or explicitly by the responsible authorities where the work was carried out, and that, if accepted, it will not be published elsewhere including electronically in the same form, in English or in any other language, without the written consent of the copyright-holder.

### **Authorship**

The Corresponding Author must submit a completed Author Consent Form to the ANR editorial office with manuscripts. All authors must sign the Author Consent Form.

According to the International Committee on Medical Journal Editor (ICMJE), an author is defined as one who has made substantial contributions to the conception and development of a manuscript.

Adhere to the ICMJE guidelines (<http://www.icmje.org>) which state that "authorship credit should be based on all of the following: 1) substantial contributions to conception and design of the study, or acquisition of data, or analysis and interpretation of data; 2) drafting the article or advising it critically for important intellectual content; and 3) final approval of the version to be published". All other contributors should be listed as acknowledgments.

### **Changes to Authorship**

Authors are expected to consider carefully the list and order of authors before submitting their manuscript and provide the definitive list of authors at the time of the original submission. Any addition, deletion or rearrangement of author names in the authorship list should be made only before the manuscript has been accepted and only if approved by the journal Editor. To request such a change, the Editor must receive the following from the corresponding author: (a) the reason for the change in author list and (b) written confirmation (e-mail, letter) from all authors that they agree with the addition, removal or rearrangement. In the case of addition or removal of authors, this includes confirmation from the author being added or removed.

Only in exceptional circumstances will the Editor consider the addition, deletion or rearrangement of authors after the manuscript has been accepted. While the Editor considers the request, publication of the manuscript will be suspended. If the manuscript has already been published in an online issue, any requests approved by the Editor will result in a corrigendum.

### **Acknowledgements**

All contributors who do not meet the criteria for authorship as defined above should be listed in an acknowledgments section. General acknowledgements for consultations, statistical analysis and so forth,

should be listed concisely at the end of the text, including the names of the individuals who were directly involved. Consent should be obtained from those individuals before their names are listed in this section. All financial and material support for the research and work from internal or external agencies, including commercial companies, should be clearly and completely identified.

### Role of the Funding Source

You are requested to identify who provided financial support for the conduct of the research and/or preparation of the article and to briefly describe the role of the sponsor(s), if any, in study design; in the collection, analysis and interpretation of data; in the writing of the report; and in the decision to submit the article for publication. If the funding source(s) had no such involvement then this should be stated.

### Conflict of Interest

Authors must disclose any financial and personal relationships with other people or organizations that might lead to bias or a conflict of interest. If there is no conflict of interest, this should also be explicitly stated as none declared.

### Copyright

Authors are required to sign the copyright transfer agreement to the society. All accepted manuscripts, artwork, and photographs become the permanent property of the society. The copyright agreement form will be sent to corresponding authors of accepted manuscripts with proofs. This should be signed and returned to the society. Authors must obtain permission to reproduce or adapt all or part of copyrighted materials from other journal or book sources.

### Open Access

Every peer-reviewed research article appearing in this journal will be published open access. This means that the article is universally and freely accessible via the internet in perpetuity, in an easily readable format immediately after publication. To provide open access, this journal has an open access fee (also known as an article publishing charge APC) which needs to be paid by the authors or on their behalf e.g. by their research funder or institution.

A CC user license manages the reuse of the article (see <http://www.elsevier.com/openaccesslicenses>). All articles will be published under the following license:

**Creative Commons Attribution-NonCommercial-NoDerivs (CC BY-NC-ND):** for non-commercial purposes, lets others distribute and copy the article, and to include in a collective work (such as an anthology), as long as they credit the author(s) and provided they do not alter or modify the article.

**Open Access Publication Fee:** A fee of USD 1,000 (excluding taxes) is payable by the author or research funder to cover the costs associated with publication.

It applies to the submissions from July 1, 2016.

## MANUSCRIPT LAYOUT

### General Style and Format

Papers must adhere to the style and format described in the NLM Style Guide for Authors, Editors, and Publishers (<http://www.nlm.nih.gov/citingmedicine>).

Manuscripts must be electronic files. You will need to prepare the following files for submission:

### Cover Letter

To the editor in which you detail authorship contributions and other matters you wish the editors to consider.

### Title Page

On the title page include: (1) title of the article; (2) running head; (3) author names (with highest academic degrees and affiliations including titles, department, and name and location of institutions to which the work should be attributed); (4) corresponding author's name and complete address including email, phone and FAX numbers, (5) any acknowledgments, credits, or disclaimers, including funding sources and conflicts of interest. Acknowledgments of aid or criticism (e.g., source of research fund or grant; any conflicts of interest) should be approved by the person whose help is being recognized. Authors are required to sign a statement conferring the copyright to the manuscript to ANR

### Abstract and Keywords

An abstract of up to 250 words for articles (including reviews) should be typed double-spaced on a separate page. It should cover the main factual points, including statements of the purpose, methods, results, and conclusions. The abstract should be accompanied by a list of three to five keywords for indexing purposes; be very specific in your word choice. Use MeSH (Medical Subject Headings) keywords (<http://www.nlm.nih.gov/mesh/meshhome.html>).

### Text

Headings and subheadings should be provided in the methods and results sections, and, where appropriate, in the discussion section. Please keep the text clear and concise. Because the readership of ANR spans many disciplines, jargon should be avoided as it may not be familiar to some readers. Organize the manuscript in the following order: title page, acknowledgments, abstract, text, references, tables, figure legends and figures. Do not use appendices. The text of articles is usually divided into sections with the headings: Introduction, Methods, Results, Discussion, and Conclusion(s). Articles may

need subheadings within some sections to clarify their content.

**Introduction:** Clearly state the need for this study and the main question or hypothesis of the study. Summarize the literature review or background in the area of the study.

**Methods:** Describe the study design, setting and samples, ethical considerations, measurements/instruments, data collection/procedure and data analysis used. If it is qualitative research instrument can be omitted.

**Results:** Describe the main results in a concise paragraph. This section should be the most descriptive. Note levels of statistical significance and confidence intervals where appropriate.

**Discussion:** Discussion should be based only on the reported results. Discussion for advances in nursing practice, nursing knowledge development, and nursing implication is strongly recommended.

**Conclusions:** State the conclusions and recommendations for further study. Do not summarize the study results.

#### Tables/Figures

Each table and figure should be placed on a separate page. Tables/Figures should be self-contained and complement, but not duplicate, information contained in the text. Tables/Figures should be numbered consecutively in Arabic numerals. Always define abbreviations in a legend at the bottom even if they have already been defined in the text. For footnotes to appear in the legend, use roman superscript alphabets. Abbreviations should be defined in a legend at the bottom of the table. List abbreviations in alphabetical order; do not include the word "and" before the last abbreviation. Asterisks (\*, \*\*) should be reserved for P-values. Tables/Figures are printed only when they express more than can be done by words in the same amount of space. Do not indicate placement of tables or figures in the text—the editor will automatically place your tables and figures.

#### Reference Style

References follow the NLM style. Reference should be numbered serially in the order of appearance in the text, with numbers in brackets [ ]. When multiple references are cited together, use a hyphen to indicate a series of inclusive numbers. Use commas to indicate a series of non-inclusive numbers. A citation with these references [4,5,6,14] is abbreviated to [4-6,14]. If a reference is cited more than once, use the original reference number. References should be listed on a separate sheet at the end of the paper in the order of citation. The number of references should be less than 30 for regular article. Journal names should be abbreviated according to the journal list of United States National Library of Medicine (NLM) available from: <http://www.ncbi.nlm.nih.gov/sites/entrez?db=journals>

and the List of KoreaMed Journals available from: <http://www.koreamed.org/JournalBrowser.php>.

Authors are responsible for the accuracy of the references. Software packages make citing literature particularly easy.

If a DOI has been assigned to the article that authors are using, authors should include this after the page numbers for the article, preceded by <http://dx.doi.org/> – see [www.doi.org](http://www.doi.org) for more information.

References should be listed according to the examples below. For citations from other sources, refer to "The NLM Style Guide for Authors, Editors, and Publishers". 2nd Edition, 2007 (<http://www.nlm.nih.gov/citingmedicine>).

#### Reference Examples

##### Journals

■ **Journal Articles: For six or fewer authors, list all authors**

Kim SW, Uhm JY, Im YM, Yun TJ, Park JJ, Park CS. [Outcomes of Home Monitoring after Palliative Cardiac Surgery in Infants with Congenital Heart Disease]. *J Korean Acad Nurs.* 2014;44(2):228–36. <http://dx.doi.org/10.4040/jkan.2014.44.2.228>. Korean.

Meneton P, Jeunemaitre X, de Wardener HE, MacGregor GA. Links between dietary salt intake, renal salt handling, blood pressure, and cardiovascular diseases. *Physiol Rev.* 2005;85(2):679–715. <http://dx.doi.org/10.1152/physrev.00056.2003>.

■ **Journal Articles: For more than six authors, list the first six followed by et al.**

Shin DS, Song R, Shin EK, Seo SJ, Park JE, Han SY, et al. [Effects of Passive Upper Arm Exercise on Range of Motion, Muscle Strength, and Muscle Spasticity in Hemiplegic Patients with Cerebral Vascular Disease]. *J Korean Acad Nurs.* 2012;42(6):783–90. <http://dx.doi.org/10.4040/jkan.2012.42.6.783>. Korean.

■ **Forthcoming Journal Articles**

Savinainen KJ, Helenius MA, Lehtonen HJ, Visakorpi T. Overexpression of EIF3S3 promotes cancer cell growth. *Prostate.* Forthcoming 2017.

■ **Journals on the Internet**

Happell B. The influence of education on the career preferences of undergraduate nursing students. *Aust Electron J Nurs Educ [Internet].* 2002 Apr [cited 2007 Jan 8];8(1):[about 12 p.]. Available from: [http://scu.edu.au/schools/nhcp/aejne/vol8-1/refereed/happell\\_max.html](http://scu.edu.au/schools/nhcp/aejne/vol8-1/refereed/happell_max.html).

##### Books

■ **Reference to an Entire Book**

Jenkins PF. Making sense of the chest x-ray: a hands-on guide. New York: Oxford University Press; 2005. p.196.

■ **Chapter in an Edited Book**

Winawar S, Lipkin M. Proliferative abnormalities in the gastrointestinal tract. In: Card WI, Creamer B, editors.

Modern Trends in Gastroenterology. 4th ed. London, England: Butterworth & Co; 1970. p. 11–25.

#### ■ **Entire Books on the Internet**

Richardson ML. Approaches to differential diagnosis in musculoskeletal imaging [Internet]. Version 2.0. Seattle (WA): University of Washington School of Medicine; c2000 [revised 2001 Oct 1; cited 2006 Nov 1]. Available from: <http://www.rad.washington.edu/mskbook/index.html>.

#### **Scientific and Technical Reports**

Page E, Harney JM. Health hazard evaluation report. Cincinnati (OH): National Institute for Occupational Safety and Health (US); 2001 Feb. Report No.: HETA2000-0139-2824.

Barker B, Degenhardt L. Accidental drug-induced deaths in Australia 1997–2001. Sydney (Australia): University of New South Wales, National Drug and Alcohol Research Centre; 2003.

#### **Web**

Complementary. Integrative Medicine [Internet]. Houston: University of Texas, M. D. Anderson Cancer Center; 2007 [cited 2007 Feb 21]. Available from: <http://www.mdanderson.org/departments/CIMER/>.

AMA. helping doctors help patients [Internet]. Chicago: American Medical Association; 1995–2007 [cited 2007 Feb 22]. Available from: <http://www.ama-assn.org/>.

#### **Units**

Système International (SI) units must be used, with the exception of blood pressure values which are to be reported in mmHg. Please use the metric system for the expression of length, area, mass and volume.

### **REVIEW AND ACTION**

#### **Review Process**

Manuscripts are reviewed by members of an international expert panel. All such papers will undergo a double blind peer review by three reviewers and the Editor. The Editorial Board reserves the right to refuse any material for publication. The Editor-in-Chief reserves the right to the final decision regarding acceptance. Authors will receive of the reviewer's comments. If the manuscript is subjected to publish, the author will be asked to respond the reviewer's comment within 30 days.

#### **AFTER ACCEPTANCE**

#### **Use of the Digital Object Identifier**

The Digital Object Identifier (DOI) may be used to cite and link to electronic documents. The DOI consists of a unique

alpha-numeric character string which is assigned to a document by the publisher upon the initial electronic publication. The assigned DOI never changes. Therefore, it is an ideal medium for citing a document, particularly 'Articles in press' because they have not yet received their full bibliographic information. Example of a correctly given DOI (in URL format; here an article in the journal): <http://dx.doi.org/10.1016/j.anr.2015.04.008>.

When you use a DOI to create links to documents on the web, the DOIs are guaranteed never to change.

#### **Online Proof Correction**

Corresponding authors will receive an e-mail with a link to our online proofing system, allowing annotation and correction of proofs online. The environment is similar to MS Word: in addition to editing text, you can also comment on figures/tables and answer questions from the Copy Editor. Web-based proofing provides a faster and less error-prone process by allowing you to directly type your corrections, eliminating the potential introduction of errors.

If preferred, you can still choose to annotate and upload your edits on the PDF version. All instructions for proofing will be given in the e-mail we send to authors, including alternative methods to the online version and PDF.

We will do everything possible to get your article published quickly and accurately. Please use this proof only for checking the typesetting, editing, completeness and correctness of the text, tables and figures. Significant changes to the article as accepted for publication will only be considered at this stage with permission from the Editor. It is important to ensure that all corrections are sent back to us in one communication. Please check carefully before replying, as inclusion of any subsequent corrections cannot be guaranteed. Proofreading is solely your responsibility.

#### **AUTHOR INQUIRIES**

You can track your submitted article at <https://www.elsevier.com/track-submission>. You can track your accepted article at <https://www.elsevier.com/trackarticle>. You are also welcome to contact Customer Support via <http://support.elsevier.com>.

#### **REGULATION UPDATE NOTICE**

1. This regulation shall enforce in March 2007.
2. This regulation shall enforce in 2009.
3. This regulation shall enforce in November 2011.
4. This regulation shall enforce in December 2012.
5. This regulation shall enforce in January 2015.
6. This regulations shall enforce in March 2016.
7. This regulations shall enforce in June 2016.